



Study Bites #1

1. Chunk it!

Sometimes, when we sit down to study we just can't get started. This is when you need to chunk it. Breaking it down into bite size pieces can help you gain momentum. Start with the aim of studying for 15 minutes. Then have a 10-minute break. After the 10-minute break, aim to study for 30 minutes.

By chunking your time, study will feel more manageable. You will find that 15, and even 30 minutes, will go quickly and chances are you will find yourself accidentally going overtime. This is good! It means that you are on a roll and in the zone. Go with it and keep studying... you will know when you need your next break.

REMEMBER: 30 minutes is better than zero minutes!



2. Summarise your notes.

When summarising, many people think that they have to write copious amounts of notes and lists. However, this doesn't have to be the case. The more creative you are with your summaries, the more likely you are to remember the content. For this reason, we suggest using mind maps to summarise your notes. Use the links below to discover how to create a mind map.

<https://www.youtube.com/watch?v=oY4sUQzXJ1g>

<https://www.youtube.com/watch?v=IY4cZcjdqAI>

REMEMBER: the more colourful and creative you are, the more likely it is that you will recall the content in an examination.

Another idea...  record your notes on your phone. 

Some people are more likely to remember things when they 'speak' them.

And, recording your notes will allow you to listen to them anywhere at any time.



3. Do past HSC questions.

You are not the first person in the world to sit the HSC. Millions of people before you have completed these exams and you have access to a stack of past papers. Use this resource!!! Get online, look at past HSC papers for each of your subjects **AND** answer the questions in the tests. The more you do this, the more prepared you will be leading into your exam. Use the following link:

<https://educationstandards.nsw.edu.au/wps/portal/nesa/11-12/resources/hsc-exam-papers>

Not sure about what a question is actually asking you to **DO**? (i.e. what are the key terms?) Click on the link below. It contains a glossary of key words used in the HSC.

<https://educationstandards.nsw.edu.au/wps/portal/nesa/11-12/hsc/hsc-student-guide/glossary-keywords>

IMPORTANT:

- If you don't know how to answer a question, ask your teacher.
- When you answer the written questions, seek feedback from your teacher.
- If you cannot access the past papers online, ask your teacher to print you a hard copy.

REMEMBER: *right now, your teacher is your best friend.*

Happy Studying!!!

