

# GUIDE FOR NEW STUDENTS 2022





Our Senior Executive - (left to right) Deputy Principal, Marshall Wilkinson, Deputy Principal Evelyn Wilson, Principal, Darren Brailey and Deputy Principal, Grant Wilcher.

## Welcome to the Morisset High School Community

Thank you for making Morisset High School your school of choice, and entrusting our learning community to support your child as they take this next step in their learning journey.

Learning is at the centre of what we do in schools. Our teachers are what make the biggest in-school difference to improve student outcomes, achieve success and achievement. We are committed to rich collaboration, share best practice and provide high-impact professional learning so we continue to improve and grow our potential at Morisset High School. Learning is our strength and as educators we will 'lead from the front' and role model what it is to be a lifelong learner. I believe it is a simple learning equation: High Wellbeing + Quality Teaching and Learning = Thriving, Life-long Learners.

Our vision is to create a long-lasting legacy of quality and innovative teaching, learning and wellbeing, and a positive and excelling learning We the Staff and Students at Morisset High School acknowledge the AWABAKAL PEOPLE as the traditional people of this land.

We also pay our respects to Elders past, present and future and extend our respects to all First Nation Peoples as well as everyone who visits our school.

We must always remember that under the concrete and asphalt, this land is, was and always will be Aboriginal Country.



a culture that supports all students to build resilience, the skills to learn and a determination to pursue their passions.

This cannot be achieved alone. We all need to go on the journey together. This requires strong collaboration and positive relationships in every aspect of school life. Together we will strive to be self-directed, empowered and inquisitive individuals, and build a legacy of a positive learning culture that benefits our students and community.











## Morisset High School: A School For Everyone

Our Vision: At Morisset High School, we strive to provide the foundations to develop self-directed, empowered, and inquisitive individuals.

"As an integral part of our wider community, we create a learning culture that supports our students to build resilience, the skills to learn, and a determination to pursue their passions.

At Morisset High School, we collaborate with our community and partners in learning to empower our students to become passionate and committed learners.

We have a long tradition of achievement, especially in the performing arts, sport, student leadership and cultural activities and we place emphasis on academic excellence, through quality teaching and learning, providing a broad curriculum that meets the learning needs of all students.

Our commitment to high standards in education is evident in outstanding results received in State and National competitions such as the Geography, National Mathematics, Science, Design and Technology, Sydney University Computing Competition and the Sydney Morning Herald English Competition and record of many students who have been high achievers in the ROSA (Record of School Achievement) and Higher School Certificate.

State wide literacy and numeracy tests have shown steady improvement and our staff are committed to working with students to achieve their personal best.

### Supporting all students to thrive

We offer academic, creative, sporting and extra-cirricular opportunities which supports the personal and learning development of all Morisset High School students.

Morisset High's diverse curriculum empowers students to plan for and pursue individual programs that enable them to achieve their full learning potential, and forge pathways to success in learning, careers and trades after school.

Our highly-qualified and committed teaching, support and executive staff work together to encourage our students develop the skills they need to succeed today and in the future.

At Morisset High we aim to encourage the learning and personal development of ALL students. We offer a balance of academic, creative, sporting and hands-on skills courses, an enrichment program for high performing students in years 7 to 10, and have a specialist support unit on site. Morisset High School is also the only school in Western Lake Macquarie to offer the dynamic passion-based learning model offered by the Morisset High School Big Picture Academy.

### An inclusive and caring school

We collaborate with our students, families and the greater community to foster a wellbeing and learning culture that supports positive relationships in the classroom, and beyond the school gates. When a young person feels supported, cared for and 'known', they are in the best position to reach their personal goals and learning potential. Our schools positive

**CONTINUED PAGE 5** 











learning culture is underpinned by a strongly supportive welfare structure that helps to build the resilience and self-esteem of all students.

We are proud to share our heritage and culture at Morisset High, with ancestorial knowledge included in the learning of all students. Our school has a large community of Aboriginal and Pacific Islander Students, with programs and opportunities for all students to connect with, and develop a greater understanding of their community through cultural connections, activities and programs.

For more than 30 years our Itji-Marru Aboriginal Resource Centre and our Aboriginal Education Officer, Aunty Selena Archibald, and Elders from our community come together at Itji Marru, to support the learning of Aboriginal and Torres Strait Islander students and share their knowledge and culture with the whole school community.

#### **Encouraging a Student Voice**

Our students are empowered to be active members of their school community

and to participate in the many opportunities that the school provides.

#### These include:

- Music ensembles
- Vocal ensembles
- Dance festivals
- Starstruck
- Representative sporting teams (grade, knock out, zone, regional and state)
- Debating
- Public speaking
- Excursions, camps

We have an active and engaged Student Representative Council, School Leadership group and Junior Aboriginal Education Consultative Group, who have a voice in decision making impacting our school and learning.

Parents, carers and community are also encouraged to participate in the future of our school through our Morisset High School Parents and Citizen's Association which meets monthly, operate the school canteen and raise funds to support education and learning at Morisset High.

## **Important School Contacts**

#### Postal address:

Morisset High School Bridge Street, Morisset NSW 2264

## **Telephone Numbers:**

Teaching and Office staff - (02) 4973 1999

Canteen - (02) 4973 3125 orders online at www.mhscanteen.square.site

Aboriginal Resource Centre - (02) 4970 5407

Website, Email and Social Media:



🔀 Email - morisset-h.school@det.nsw.edu.au

Morisset High School Facebook Page - @MorissetHighSchool











# Modern, hands-on learning spaces

Our school is set on a spacious campus, with amble space for purpose-built learning spaces, set among historic buildings and our own Agriculture Farm.

Hands-on and real-world learning is a hallmark of the Morisset High School curriculum with students enjoying the use of modern classrooms, with more modernisation planned for 2022, and Vocational Education and Training Spaces including our commercial kitchen and cafe, the planned Cross-Fit Gym, on-site hairdressing salon and updated collaborative learning spaces including our library.

These facilities support the academic and vocational learning of our students. Morisset High School students don't have to leave their school to gain recognised qualifications in areas including:

- Hospitality
- Sports Coaching
- Construction Pathways
- Manufacturing and Engineering
- Hairdressing
- · Agriculture, and
- Entertainment.







## Welcome to MHS! - First Day Orientation for Year 7, 2022

Our Year 7, 2022 cohort will take part in a special Orientation Day on Tuesday, February 1, 2022. They will be joined by our senior students in Years 11 and 12 and will take part in special activities to help them to further connect to their classmates and their new school.

This event is in addition to the Transition Days held at Morisset High, and workshops hosted by MHS at Dora Creek, Cooranbong, Wyee, Bonnells Bay and Morisset primary schools during 2022. Year 7 need to arrive at school for their first day at 8.50am. If students are dropped to school, please be mindful of bus zone areas. Students who are dropped off or walk can access the school via the gates at Itji-Marru, near the pedestrian crossing. More information on First Day Year 7, 2022 will be provided to families soon.











## Information for Aboriginal and Torres Strait Islander Students





Morisset High celebrates the culture and identity of all students and is committed to the learning, development and aspiration of our Aboriginal and Torres Strait Islander students.

To support our students we collaborate with their families, and the community, to deliver cultural programs and to integrate cultural knowledge into the learning of all Morisset High students. We also offer Aboriginal Studies in Years 9, 10, 11 and 12

Our Aboriginal Resource Centre, Itji Marru, located in the recently restored historic schoolmaster's residence is the heart of our school's connection with the community. This groundbreaking and impactful centre celebrates 30 years of providing support, care and promoting the aspiration of Aboriginal and Torres Strait Islander students, and connecting communities in our area. Morisset High is proud to have its long-serving

Aboriginal Education Officer, Mrs Selena Archibald, and Aunt Cecilia Enoch, who also acts as our School Chaplain, as the anchors of this important fixture of the Morisset High School community.

The Itji-Marru Aboriginal Education
Consultative Group operates from Itji Marru,
and is an important collaborator with our
school in the learning of students, and
building a vibrant education and learning
culture that benefits our whole community.
Meeting times will be advertised in the school
newsletter and website. Our school values the
voice and input of our Aboriginal and Torres
Strait Islander students, with students offered
an opportunity to develop skills as a leader as
part of the Itji-Marru Junior Aboriginal
Education Consultative Group (JAECG).

## **Term Dates 2022**

Term 1, 2022:

**Start Day:** 

Year 7, 11 and 12 - Tuesday, February 1 Year 8, 9, and 10 - Wednesday, February 2 Last Day: - Friday, April 8

Term 2, 2022:

Wednesday, April 27 - Friday, July 1

Term 3, 2022

Tuesday, July 19 - Friday, September 23

Term 4, 2022

Monday, October 10 - Monday, December 19

For more information on school dates, vacations etc visit: https://education.nsw.gov.au/public-schools/going-to-a-public-school/calendars











## We are partners in your child's learning and development

How we give feedback on learning and support your child's achievement

Morisset High School offers opportunities for students to learn and thrive, no matter their abilities and their personal learning goals. We have high expectations of our students as learners and young people to make a positive contribution to their school and community.

Our highly experienced and University qualified teachers, school executive and staff are focused on partnering with our students, and our MHS families to support your young person to reach their true potential, to feel confident in their abilities, knowledge and skills, and to dream of a future and achieve it.



All Morisset High School students will be given clear guidance on the assessment and feedback process in place for each subject, and will be supported to as empowered learners to seek feedback on their learning.

We want to have an open dialogue with our students and families about our high expectations for their young person's learning, and how through collaboration we can support them to achieve their learning goals.

Semester reports are provided to parents and carers through our online Parent Portal, and when permitted, MHS hosts parent, student and teacher feedback sessions each semester.

It is only when we work together, and young people feel truly supported that they are able to reach their true potential. Our teachers will contact families outside of these sessions to provide feedback, praise and to discuss the needs and learning of their students. We also welcome contact from parents and carers.



To arrange to speak with one of your child's teachers phone the school on (02) 4973 1999.

#### **Every day matters**

As student assessment is cumulative in all subjects, it is essential that, in class, students keep all aspects of their work up to date and up to standard and regularly revise and practice their work at home as part of a consistent homework/study routine.

For more information about assessments and reports at MHS please speak to the class teacher, our Head Teachers of Faculty or your child's Year Adviser.

#### Year 10 and Year 12 - ROSA and HSC

Our school works closely with the National Education Standards Authority (NESA) to ensure our students meet the requirements to complete their Record of School Achievement (ROSA) in Year 10, and Higher School Certificate (HSC) in Year 12. Our assessment Policy booklets detail assessments and eligibility requirements, describe tasks, weightings and assessment procedures and we host Information events for students and families in Year 10 and Year 12 to explain the ROSA and HSC requirements to help ensure our students attain the best possible result for their efforts.











## Unlocking our students learning potential

Our Contemporary
Learning Centre (CLC), set
in our historic schoolhouse,
is a great space for all
Morisset High School
students to develop their
skills and confidence as
learners.

The CLC teachers and teaching support staff are specially trained to help unlock their learning

potential with targeted programs in literacy, numeracy and other key learning skills.







The team offers regular drop in sessions for homework support, Maths and Milo, where students sip on Milo and develop their mathematics and numeracy skills, Uno Club and much more.



# Expectations For Learning Everyone, all of the time



## **RESPONSIBILITY**

- ✓ Right place, right time
- ✓ Hats in bags
- ✓ Follow instructions promptly

### **SAFETY**

- ✓ Line up in two lines
- ✓ Bags in the bag zone
- ✓ Appropriate physical contact

## RESPECT

- Eating is for breaks
- Take pride in your work
- ✓ Use respectful language

### **ENGAGEMENT**

- Phones and devices in your bag
- ✓ Bring your equipment
- Personal best always











## **Attendance at School - Every Minute Matters**

Every minute, and every day of learning matters to students reaching their goals.

As part of our high expectations for learning and engagement by students, we monitor attendance. Regular attendance at school is essential to assist our students to maximise their potential. Schools, in partnership with parents, are responsible for promoting the regular attendance of students.

#### Procedures for students in Years 7 to 12

Students in Years 7 to 12 must attend period 1 and be punctual every morning as this is the official roll call for the day. If a student is absent, a note from the parent or guardian must be presented to the period 1 teacher on the day on which he/she returns to school. The note must detail the dates of absence and the reasons for absence and be signed by the Parent/Guardian.

The student's full name, roll call class and Year must be written on all notes.

Parents and carers will also be contacted via text message if their child is absent from school, and can reply to the text to explain the absence.

## What to do if my child will be absent for a long period?

If a student is going to be absent for a long period please notify the school immediately in writing or by telephone. In some cases, a student may be eligible for an exemption from school. Depending on the nature of the reason for absence the school can assist the



student in various ways such as: sending work home, temporary enrollment in distance education, arranging for another student to copy work. The best person to talk to about this is your child's Year Adviser.

#### **Procedures for Unexplained Absences**

If your child is absent, you will receive a text message to inform you of the absence. When you receive the text message you can reply with the reason for the absence so the school can make the absence explained. Unexplained absences will be followed up by the school, and school executive according to Department of Education policy.

#### Early leavers and late arrivals

Any student leaving the school during school hours needs to bring a note with this information on it and take it to the Deputy Principal for a signature and return this note to the office before period 1.

A pass will then be issued and the student must show the pass to Administration Staff before leaving the school grounds.

### COVID-19 - What to do if my child is sick?

Parents and carers are reminded NOT to send children to school if they are unwell, even if they have the mildest flu-like symptoms.

Students with flu-like symptoms, or who are sent home with flu-like symptoms, will need to provide a copy of a negative COVID-19 test result to come back to school. Check the school website for up-to-date information on COVID-19 protocols.











## NSW GOVERNMENT

## **Every Day Counts**

A day here or there doesn't seem like much but absences add up.



Each month Per school year

This lost learning puts your child **educationally at risk** 

Student attendance at school has a dramatic impact on academic achievement, social and emotional wellbeing for individual students.

Quality student attendance results are most likely to be achieved when schools and families work in partnership to support every student.

Above 95%

Expected Attendance

90%-95% Minimum Standard

Below 90%

Educationally at Risk





education.nsw.gov.au













## **Morisset High School Big Picture Academy**

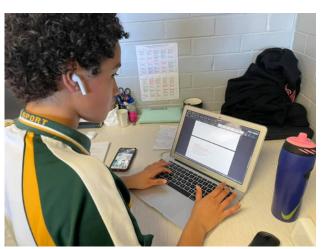
The Big Picture Academy is a unique program offered at Morisset High School, which supports students to develop their personal passions and learn from real-world experiences to pave their way to success in their careers and the workforce after school.

Morisset High School is the only school in Western Lake Macquarie to partner with Big Picture Australia to offer the unique Big Picture learning opportunity for students from the Morisset area, and beyond.

Through the Big Picture Learning design students develop skills to become confident, independent, self-directed learners. In the Big Picture Academy, learning occurs in Advisories facilitated by Advisors who have participated in an immersive training program provided by Big Picture Education Australia.

Families and community are pivotal to the learning journey and development of our Morisset High School Big Picture Academy students, who collaborate with their Advisor, to develop an Individual Learning Plan which is shared with parents and carers, with regular communication between the Advisor and families to support their child's progress to achieve their learning goals.







Students in Years 9-12 participate in internships that provide the opportunity for real-world experiences where students are mentored by professionals in their area of interest. Through the process of Learning Through Internship (LTI) students develop the skills to transition from school into the workforce or further education such as university or TAFE. At the end of Year 12 Big Picture Academy students complete an international qualification that is recognised by more than 30 Australian Universities. A number of MHS Big Picture Academy graduates have gone onto University, studying different disciplines including IT, gaming, sports science, midwifery and teaching. Some of these students have even commenced their degrees before finishing Year 12.

Big Picture students can also take part in courses alongside other Morisset High School students to enhance their learning. Our Big Picture students learn in modern and flexible learning spaces that encourage students to develop as self-directed learners.

To find out more about enrolling in the Morisset High School Big Picture Academy visit: https://morisset-h.schools.nsw.gov.au/lib-faculty-pages/big-picture-academy.html











## High Potential Class

High Potential Class promotes high expectations, engagement and challenge for every student, regardless of background across intellectual, creative, social-emotional and physical domains.

It supports students to develop and maximise their educational potential, through strength development opportunities and differentiated teaching and learning practices to ensure that their specific learning and wellbeing needs are met.





















## An inclusive learning environment for all students



The Morisset High School Support Unit aims to provide inclusive, and quality education for students with additional learning needs and caters for students from Years 7 to 12.

An individualised learning plan is created for each student to empower each student to become active and valuable members of the community. Our specialised staff, work with the students and families to identify their learning and post-school work and career goals, to create a program of learning, skills and vocational training, so that each student is confident and prepared for their chosen path once they finish school.





Morisset High Support Unit classes also participate in many everyday living and community programs which include running a morning tea café, travel training utilising public transport, work experience programs that have led to past Support Unit students gaining employment before they have left school. Our Support Unit students are encouraged to be active members of our school community and can take part in year electives, whole school events and representative activities.

## **Got a question? Contact our Admin Team**

The Morisset High School Office is a key point of information and organisation for the school. Our friendly Student Administration Officers assist parents, carers and students and act as a point of contact between parents, carers, teachers and school executives. The best ways to contact our Administration team is via phone by calling (02) 4973 199, in-person using the main entrance in Bridge Street and via email at morisset-h.school@det.nsw.edu.au

Some of the key functions of our School Administrative Services team include:

- Communication with MHS staff Contact our administration team to find the right person to provide the information that you need.
- Enrolment and Attendance If you need to change contact details or other important information about your child, or have questions about attendance.

Payments – fees and payments for excursions and school events can be paid at the School
Office or online via the Morisset High School website.









# Caring for the wellbeing of MHS students The Hub - the heart of MHS

The Hub is a student-focussed space for all Morisset High School students. It's a space for students to hang out and chat with each other, and with members of our wellbeing team.

Based in The Hub, our Wellbeing Team is focused on supporting your child, and providing them with the interpersonal and social skills, and confidence to thrive at Morisset High School.

Our Head Teacher of Wellbeing, Kristy Hayes, Student Support Officer, Pam Proctor, Wellbeing Student Learning Support Officer Kirryn Lavendar, School Counsellors, Steve Wooster and Sara McDonald, Aboriginal Education Officer, Aunty Selena Archibald, and Chaplain Aunt Cecilia Enoch, and our team of Year Advisors work closely with teachers, school executives and families to support the wellbeing needs of all MHS students.

### Caring support and empowering programs

The Hub team are a friendly ear and offer caring support for our students and can assist them, and empower them with skills to better navigate friendships, anxiety, and provide referrals to our school counsellors, or to external supports for students and or their family.

Programs including Top Blokes, Empower Her, Taking Charge, RAGE - Re-negotiating Angry and Guilty Emotions, Deadly Streaming, Sista Speak, are also offered by our committed and dynamic team from The Hub. The Hub team organise snap reward days, which recognise the commitment of students to our school values and being positive members of our school community.













# Year Advisors - Linking Students and Families to Our School

Year Advisors are an important connection between students, families and our school and can provide support and advocacy for students to support their child's wellbeing and successful learning. They can assist with:

- Personal, family or social problems;
- Educational progress;
- Choice of subjects and courses of study;
- · Concerns related to school uniform and general conduct; and
- Attendance, punctuality and absentee notes.

Student welfare is the main concern of our Year Advisers. Do not hesitate to contact your child's Year Adviser to make an appointment to address any concerns to support your child.



## Learn & Live

- ✓ Ability to Learn
- ✓ Life-Long Learning
- √ Rich Experience
- ✓ Knowledge & Skills
- ✓ Personalised Learning Path
- ✓ Flourishing Leaners

- ✓ Wellbeing
- √ Feeling good & doing good
- ✓ Strengths, passions & interests
- ✓ Sense of belonging
- ✓ Sense of achievement
- ✓ Choice and a voice
- ✓ Goals for the future

Successful Learning
Responsible Living











## How we will communicate with you

Open communication between families, young people and the schools is paramount to support the learning and development of students and to build a cohesive and supportive learning community.

Parents, caregivers and families are encouraged to contact the school to discuss any concerns or raise questions relating to their child and their education, or teaching and learning at Morisset High School.

Wherever possible it is advisable to speak to the most relevant person for the problem which may be your child's Year Adviser, our team of School Counsellors and Wellbeing staff, a Faculty Head Teacher, Deputy Principals, Ms Evelyn Wilson, Mr Marshall Wilkinson, Mr Grant Wilcher or our principal, Mr Darren Brailey.

Please contact our friendly and caring school administration team by visiting the school office, entry off Bridge Street, phoning the school on (02) 4973 1999 or emailing the school at <a href="mailto:morisset-h.school@det.nsw.edu.au">morisset-h.school@det.nsw.edu.au</a>

#### **Daily Notices**

Students will be kept up-to-date on daily notices when they are read during roll call. The daily notices contain information about coming events, rehearsals, band practice, excursions, sporting teams and so on.

#### Morisset High School Website

Parents, carers and students should also check the school website at https://morisset-h.schools.nsw.gov.au/

#### School Newsletter - The Morissetian

A regular newsletter, The Morissetian is available on the school website.

## Morisset High School Facebook page @MorissetHighSchool

The Morisset High School Facebook page is one of the key platforms parents, carers, students and the community can keep informed of what is happening at school. You can follow and like the page at:

https://www.facebook.com/MorissetHighSchool

## Parent and Student Emails, MHS Parent Portal and SMS

Our school uses the Sentral platform to communicate with parents and student groups. Please make sure that your email address and mobile phone contact is up-to-date to ensure you don't miss out on important information about your child. Student emails are sent to a student's Department of Education email address. Access to the MHS Parent Portal is available through a button on the home page of the MHS website or by visiting https://morisset-h.sentral.com.au/portal/login. Unique login details are provided for each MHS family to ensure secure communication.

#### **Parent Contact Notes**

MHS sends a variety of parent contact notes about specific concerns. These include:

- Parent contact from a classroom teacher when a student is not making satisfactory progress or when behaviour is a concern;
- Partial truancy notification;
- Notification of unexplained absences;
- Detention and "N" Warning letters (which indicate that a student is not meeting the needs of a particular course);
- Semester reports see section headed Assessment, Examinations and Reports
- Excursions and when students will receive awards at the end of year presentation ceremonies.











# Getting to school - catching the bus, walking, riding, drop-off and pick-ups

Morisset High School works closely with families, Hunter Valley Buses and our broader community to ensure that our students can get to and from school safely.

### Walking and riding

Students are encouraged to use the pedestrian crossing on the corner of Newcastle and Bridge Streets, and to access and exit the school from the gates adjacent to the Itji-Marru Aboriginal Resource Centre.

If students ride to school they are encouraged to use the pedestrian crossing and access the school from the main gate, near the school administration building. Students are encouraged to dismount their bikes and push their bikes to school, along the footpath on Bridge Street. A bike rack is provided outside of the administration building in Quad 1. Families are reminded bikes are not secured in this area.

#### Catch the school bus or public transport

Our students can apply for travel on school buses provided by Hunter Valley Buses, or to catch public transport services.

The Morisset Train Station in Dora Street, is less than a 10 minute walk to Morisset High School and public bus stops are located in Newcastle Street, outside the Morisset Square shopping centre, adjacent the school. Students who travel by school buses or public transport must follow the rules, and be respectful of other passengers. Misbehaviour and other problems on the bus should be reported to the bus company.

Opal cards are issued to every student who qualifies for one. However, they can be withdrawn for unsatisfactory behaviour either immediately (if the incident warrants that action) or after warnings have been issued. All students should be aware that bullying, anti-social or dangerous behaviour on school buses will not be tolerated.

#### Applying for an Opal Card

Opal Card applications for student travel in 2021 are now open. A new application should be submitted if a student is applying for a school travel pass for the first time or requesting an additional pass as a result of a new shared parental responsibility situation (e.g. joint custody). Students who have changed school/campus changed address, repeated a year, or received an expiry notification from Transport for NSW for their school travel entitlement should re-apply or update their details.

If the student is under 16 years, applications must be completed by a parent or guardian. To apply online visit: https://apps.transport.nsw.gov.au/ssts/#/howToApply











## **Book Requirements for new students**

Morisset High School supplies text books required for your child's course are issued on loan and must be cared for and returned on request.

Families are required to provide their child with exercise books, stationary and other materials needed for learning.

#### Starting Year 7 - what will you need?

For all Year 7 students who will start their learning journey at Morisset High School in 2022, we have prepared a book pack to assist you and your families in making a smooth transition to high school. The pack is of good value and helps to reduce the cost for families.

The packs are available from the school office for \$30 each and contain all the equipment Year 7 students need to start high school. If you would like to buy your own equipment, the book pack contents list is a list of what each Year 7 student will need when they start school.

#### What's included in the pack?

4 x 96 page books

1 x 30 cm wooden ruler

2 x 64 page books

1x display book

Loose leaf refills A4 (pack of 50)

1 x A4 Visual Art Diary

9 piece Maths Set

12 x coloured textas

2 x red pens

2 x blue pens

2 x lead pencils

1 x pencil sharpener

1 x glue stick

1 x eraser

Students starting in the Morisset High School Big Picture Academy can purchase a resources kit for \$35 from the school administration office.

Year 7 students will also need a scientific calculator, which can be purchased from the school office for \$33.

Please be sure to leave liquid paper or permanent makers at home as they are not allowed to at school. Students need one book per subject. A Student Diary is recommended for students to record homework and assignments.









## Fuel for Learning with Motown Meals - our school canteen

Our canteen Motown Meals is operated by the Morisset High School Parents and Citizen's Association with all profits benefiting the education and learning of Morisset High School students.

Motown Meals offers a variety of interesting and healthy foods at reasonable prices and caters to specific dietary needs when food and drink are ordered at the canteen or through the online ordering system at www.mhscanteen.square.site/



You can use the QR code or click on the button on the homepage of the MHS website to order.

Our canteen supervisor/manager Rebecca Kelly is supported by part-time assistants. However, volunteer parents are always needed and are most welcome and can make a great contribution to the school. If you are able to assist please contact the school on (02) 4973 1999.

Details of the Motown Meals menu is listed on the next page (Page 13). The Canteen varies the menu from summer to winter, and weekly specials are promoted on the school Facebook page.

The canteen is open from 8.30 am in the morning. Seniors may buy food throughout the day, but students in Years 7-10 can only use the canteen before school, at recess and at lunch.













BREAKFAST	
FRUIT (SEASONAL)	\$0.50
CHEESE & VEGEMITE SCROLL	\$2.50
HAM & CHEESE ROLL	\$2.50
HOT CHOCOLATE	\$1.00

EGG, LETTUCE and MAYO CHEESE & TOMATO CHEESE & TOMATO CHICKEN, LETTUCE, MAYO TUNA, LETTUCE, MAYO HAM, CHEESE, TOMATO SALAD Lettuce, Tomato, Cucumber, Carrot, Beetroot ADD - CHEESE OR EGG ADD - CHICKEN, HAM, TUNA SALAD BOXES CHICKEN CAESAR Chicken, Lettuce, Parmesan Cheese, Bacon, Croutons, Caesar Dressing SALAD ADD - CHICKEN, HAM, TUNA S1.00  SALAD BOXES CHICKEN CAESAR Chicken, Lettuce, Parmesan Cheese, Bacon, Croutons, Caesar Dressing SALAD ADD - CHICKEN, HAM, TUNA S1.50 TOASTED WRAPS CHEESE S1.00 CHEESE S1.00 CHEESE & TOMATO S1.50 CHICKEN, CHEESE, MAYO OR SAUCE WRAPS MINI CHICKEN CAESAR S1.50 CHICKEN, CHEESE, MAYO OR SAUCE WRAPS MINI CHICKEN CAESAR S1.50 CHEESE SALAD S6.50 CHICKEN SALAD CHICKEN SALAD CHICKEN TENDERS, AVOCADO AND SALAD SNACKS YOGHURT CUP S0.50 CHEESE & CRACKERS FRUIT & CUSTARD CUP FRUIT SALAD CHICKES & CRACKERS FRUIT CUP FRUIT SALAD S4.50 CHOCOLATE MOUSSE REDROCK DELI CHIPS Sea Sait S1.50 GRAIN WAVES		¥ =
CHEESE & TOMATO \$3.50  CHICKEN, LETTUCE, MAYO \$4.00  TUNA, LETTUCE, MAYO \$4.00  HAM, CHEESE, TOMATO \$4.00  SALAD Lettuce, Tomato, Cucumber, Carrot, Beetroot \$5.00  ADD - CHEESE OR EGG \$0.50  ADD - CHICKEN, HAM, TUNA \$1.00  SALAD BOXES  CHICKEN CAESAR Chicken, Lettuce, Parmesan Cheese, Bacon, Croutons, Caesar Dressing \$4.50  ADD - CHEESE OR EGG \$0.50  ADD - CHICKEN, HAM, TUNA \$1.50  TOASTED WRAPS  CHEESE \$3.00  CHEESE \$3.00  CHEESE & TOMATO \$3.50  HAM & CHEESE & TOMATO \$4.50  CHICKEN, CHEESE, MAYO OR SAUCE \$4.50  WRAPS  MINI CHICKEN CAESAR \$2.50  SALAD \$6.50  CHICKEN SALAD \$6.50  CHICKEN SALAD \$6.50  CHICKEN TENDERS, AVOCADO AND \$7.50  SALAD \$5.50  CHICKEN TENDERS, AVOCADO AND \$7.50  SALAD \$0.50  CHICKEN TENDERS, AVOCADO AND \$7.50  SALAD \$0.50  CHEESE & CRACKERS \$1.00  FRUIT & CUSTARD CUP \$0.50  FRUIT & CUSTARD CUP \$1.50  FRUIT SALAD \$4.50  CHOCOLATE MOUSSE \$1.50  REDROCK DELI CHIPS Sea Salt \$1.50	SANDWICHES / ROLLS	
CHICKEN, LETTUCE, MAYO TUNA, LETTUCE, MAYO HAM, CHEESE, TOMATO \$4.00  SALAD Lettuce, Tomato, Cucumber, Carrot, Beetroot  ADD - CHEESE OR EGG ADD - CHICKEN, HAM, TUNA \$1.00  SALAD BOXES  CHICKEN CAESAR Chicken, Lettuce, Parmesan Cheese, Bacon, Croutons, Caesar Dressing  SALAD ADD - CHICKEN, HAM, TUNA \$1.50  ADD - CHEESE OR EGG ADD - CHICKEN, HAM, TUNA \$1.50  TOASTED WRAPS  CHEESE \$3.00  CHEESE & TOMATO \$4.50  HAM & CHEESE \$4.00  HAM, CHEESE & TOMATO CHICKEN, CHEESE, MAYO OR SAUCE  WRAPS  MINI CHICKEN CAESAR \$5.50  CHEESE SALAD \$6.00  HAM SALAD \$6.50  CHICKEN SALAD \$6.50  CHICKEN TENDERS, AVOCADO AND SALAD  SNACKS  YOGHURT CUP \$0.50  CHEESE & CRACKERS FRUIT & CUSTARD CUP FRUIT & CUSTARD CUP FRUIT SALAD \$4.50  CHOCOLATE MOUSSE REDROCK DELI CHIPS Sea Salt \$1.50	EGG, LETTUCE and MAYO	\$4.00
TUNA, LETTUCE, MAYO \$4.00  HAM, CHEESE, TOMATO \$4.00  SALAD Lettuce, Tomato, Cucumber, Carrot, Beetroot \$5.00  ADD - CHEESE OR EGG \$0.50  ADD - CHICKEN, HAM, TUNA \$1.00  SALAD BOXES  CHICKEN CAESAR Chicken, Lettuce, Parmesan Cheese, Bacon, Croutons, Caesar Dressing \$4.50  ADD - CHEESE OR EGG \$0.50  ADD - CHEESE OR EGG \$0.50  ADD - CHICKEN, HAM, TUNA \$1.50  TOASTED WRAPS  CHEESE \$3.00  CHEESE \$4.00  HAM & CHEESE \$4.00  HAM & CHEESE \$4.00  HAM, CHEESE, MAYO OR SAUCE \$4.50  WRAPS  MINI CHICKEN CAESAR \$2.50  CHICKEN, CHEESE, MAYO OR SAUCE \$4.50  CHEESE SALAD \$6.50  CHICKEN SALAD \$6.50  CHICKEN SALAD \$6.50  CHICKEN TENDERS, AVOCADO AND \$7.50  SALAD \$5.50  CHICKEN TENDERS, AVOCADO AND \$7.50  SALAD \$0.50  CHICKEN TENDERS, AVOCADO AND \$7.50  SALAD \$0.50  CHICKEN TENDERS, AVOCADO SECO \$1.50  FRUIT & CUSTARD CUP \$0.50  FRUIT & CUSTARD CUP \$1.50  FRUIT & CUSTARD CUP \$1.50  FRUIT SALAD \$4.50  CHOCOLATE MOUSSE \$1.50  REDROCK DELI CHIPS Sea Salt \$1.50	CHEESE & TOMATO	\$3.50
HAM, CHEESE, TOMATO  SALAD Lettuce, Tomato, Cucumber, Carrot, Beetroot  ADD - CHEESE OR EGG  ADD - CHICKEN, HAM, TUNA  SALAD BOXES  CHICKEN CAESAR Chicken, Lettuce, Parmesan Cheese, Bacon, Croutons, Caesar Dressing  SALAD  ADD - CHICKEN, HAM, TUNA  \$1.00  \$4.50  ADD - CHEESE OR EGG  ADD - CHICKEN, HAM, TUNA  \$1.50  TOASTED WRAPS  CHEESE  CHEESE  CHEESE \$3.00  CHEESE \$4.00  HAM & CHEESE MAYO OR SAUCE  WRAPS  MINI CHICKEN CAESAR  SALAD  CHICKEN, CHEESE, MAYO OR SAUCE  WRAPS  MINI CHICKEN CAESAR  SALAD  CHICKEN SALAD  CHICKEN SALAD  CHICKEN SALAD  CHICKEN SALAD  CHICKEN TENDERS, AVOCADO AND SALAD  SNACKS  YOGHURT CUP  CUSTARD CUP  TACO CUP  VEGGIE STICKS & DIP CHEESE & CRACKERS  FRUIT & CUSTARD CUP  FRUIT SALAD  CHOCOLATE MOUSSE  REDROCK DELI CHIPS Sea Salt  \$1.50	CHICKEN, LETTUCE, MAYO	\$4.00
SALAD Lettuce, Tomato, Cucumber, Carrot, Beetroot  ADD - CHEESE OR EGG  ADD - CHICKEN, HAM, TUNA  SALAD BOXES  CHICKEN CAESAR Chicken, Lettuce, Parmesan Cheese, Bacon, Croutons, Caesar Dressing  SALAD  ADD - CHICKEN, HAM, TUNA  \$1.00  SALAD BOXES  CHICKEN CAESAR Chicken, Lettuce, Parmesan Cheese, Bacon, Croutons, Caesar Dressing  SALAD  ADD - CHEESE OR EGG  ADD - CHICKEN, HAM, TUNA  \$1.50  TOASTED WRAPS  CHEESE  \$3.00  CHEESE \$3.00  CHEESE & TOMATO  \$4.50  CHICKEN, CHEESE, MAYO OR SAUCE  WRAPS  MINI CHICKEN CAESAR  \$4.50  CHICKEN, CHEESE, MAYO OR SAUCE  WRAPS  MINI CHICKEN CAESAR  \$5.50  CHEESE SALAD  \$6.50  CHICKEN SALAD  \$6.50  CHICKEN SALAD  \$7.50  SALAD  SNACKS  YOGHURT CUP  CUSTARD CUP  YEGGIE STICKS & DIP CHEESE & CRACKERS  FRUIT & CUSTARD CUP  FRUIT SALAD  CHOCOLATE MOUSSE  REDROCK DELI CHIPS Sea Salt  \$1.50	TUNA, LETTUCE, MAYO	\$4.00
ADD – CHEESE OR EGG \$0.50  ADD – CHICKEN, HAM, TUNA \$1.00  SALAD BOXES  CHICKEN CAESAR Chicken, Lettuce, Parmesan Cheese, Bacon, Croutons, Caesar Dressing  SALAD \$4.50  ADD – CHICKEN, HAM, TUNA \$1.50  ADD – CHEESE OR EGG \$0.50  ADD – CHICKEN, HAM, TUNA \$1.50  TOASTED WRAPS  CHEESE \$3.00  CHEESE \$3.00  CHEESE \$4.00  HAM & CHEESE \$4.00  HAM, CHEESE \$4.00  HAM, CHEESE, MAYO OR SAUCE \$4.50  WRAPS  MINI CHICKEN CAESAR \$2.50  CHICKEN, CHEESE, MAYO OR SAUCE \$6.00  HAM SALAD \$6.50  CHICKEN SALAD \$6.50  CHICKEN SALAD \$6.50  CHICKEN TENDERS, AVOCADO AND \$7.50  SALAD  SNACKS  YOGHURT CUP \$0.50  CUSTARD CUP \$0.50  TACO CUP \$0.50  TACO CUP \$0.50  FRUIT & CUSTARD CUP \$1.00  FRUIT & CUSTARD CUP \$1.50  FRUIT SALAD \$4.50  CHOCOLATE MOUSSE \$1.50  REDROCK DELI CHIPS Sea Salt \$1.50	HAM, CHEESE, TOMATO	\$4.00
ADD - CHEESE OR EGG \$0.50  ADD - CHICKEN, HAM, TUNA \$1.00  SALAD BOXES  CHICKEN CAESAR Chicken, Lettuce, Parmesan Cheese, Bacon, Croutons, Caesar Dressing  SALAD \$4.50  ADD - CHEESE OR EGG \$0.50  ADD - CHICKEN, HAM, TUNA \$1.50  TOASTED WRAPS  CHEESE \$3.00  CHEESE \$3.00  CHEESE \$4.00  HAM & CHEESE \$4.00  HAM, CHEESE & TOMATO \$4.50  CHICKEN, CHEESE, MAYO OR SAUCE \$4.50  WRAPS  MINI CHICKEN CAESAR \$2.50  SALAD \$5.50  CHEESE SALAD \$6.00  HAM SALAD \$6.50  CHICKEN SALAD \$6.50  CHICKEN TENDERS, AVOCADO AND \$7.50  SALAD  SNACKS  YOGHURT CUP \$0.50  CUSTARD CUP \$0.50  TACO CUP \$0.50  VEGGIE STICKS & DIP \$1.00  CHEESE & CRACKERS \$1.00  FRUIT & CUSTARD CUP \$1.50  FRUIT SALAD \$4.50  CHOCOLATE MOUSSE \$1.50  REDROCK DELI CHIPS Sea Salt \$1.50	SALAD Lettuce, Tomato, Cucumber,	\$5.00
ADD - CHICKEN, HAM, TUNA  SALAD BOXES  CHICKEN CAESAR Chicken, Lettuce, Parmesan Cheese, Bacon, Croutons, Caesar Dressing  SALAD  ADD - CHEESE OR EGG  ADD - CHICKEN, HAM, TUNA  TOASTED WRAPS  CHEESE  CHEESE  CHEESE  CHEESE  CHEESE  CHEESE  HAM, CHEESE  HAM, CHEESE, MAYO OR SAUCE  WRAPS  MINI CHICKEN CAESAR  SALAD  CHICKEN SALAD  CHICKEN SALAD  CHICKEN SALAD  CHICKEN TENDERS, AVOCADO AND SALAD  SNACKS  YOGHURT CUP  CUSTARD CUP  TACO CUP  VEGGIE STICKS & DIP  CHEESE & CRACKERS  FRUIT & CUSTARD CUP  FRUIT SALAD  CHOCOLATE MOUSSE  REDROCK DELI CHIPS Sea Salt  \$1.50	Carrot, Beetroot	
CHICKEN CAESAR Chicken, Lettuce, Parmesan Cheese, Bacon, Croutons, Caesar Dressing  SALAD  ADD - CHEESE OR EGG  ADD - CHICKEN, HAM, TUNA  TOASTED WRAPS  CHEESE  CHEESE  CHEESE  CHEESE  CHEESE  CHEESE  CHEESE  CHEESE  CHICKEN, CHEESE, MAYO OR SAUCE  WRAPS  MINI CHICKEN CAESAR  SALAD  CHICKEN CAESAR  SALAD  CHICKEN SALAD  CHICKEN SALAD  CHICKEN SALAD  CHICKEN TENDERS, AVOCADO AND SALAD  SNACKS  YOGHURT CUP  CUSTARD CUP  TACO CUP  VEGGIE STICKS & DIP  CHEESE & CRACKERS  FRUIT & CUSTARD CUP  FRUIT SALAD  CHOCOLATE MOUSSE  REDROCK DELI CHIPS Sea Salt  \$1.50  REDROCK DELI CHIPS Sea Salt  \$1.50	ADD – CHEESE OR EGG	\$0.50
CHICKEN CAESAR Chicken, Lettuce, Parmesan Cheese, Bacon, Croutons, Caesar Dressing  SALAD  ADD - CHEESE OR EGG  ADD - CHICKEN, HAM, TUNA  TOASTED WRAPS  CHEESE  CHEESE  CHEESE \$3.00  CHEESE \$3.00  CHEESE & TOMATO  HAM & CHEESE \$4.00  HAM, CHEESE MAYO OR SAUCE  WRAPS  MINI CHICKEN CAESAR  SALAD  CHEESE SALAD  HAM SALAD  CHICKEN SALAD  CHICKEN TENDERS, AVOCADO AND SALAD  SNACKS  YOGHURT CUP  CUSTARD CUP  TACO CUP  VEGGIE STICKS & DIP CHEESE & CRACKERS  FRUIT & CUSTARD CUP  FRUIT & CUSTARD CUP  FRUIT SALAD  CHOCOLATE MOUSSE  REDROCK DELI CHIPS Sea Salt  \$4.50  \$4.50  \$4.50  \$4.50  \$5.50  \$5.50  \$5.50  \$5.50  \$7.50  \$7.50  \$1.00  \$7.50  \$1.00  \$7.50  \$1.00  \$1.00  \$1.50  \$1.50  \$1.50	ADD – CHICKEN, HAM, TUNA	\$1.00
Parmesan Cheese, Bacon, Croutons, Caesar Dressing  SALAD  ADD - CHEESE OR EGG  ADD - CHICKEN, HAM, TUNA  TOASTED WRAPS  CHEESE  CHEESE  CHEESE  CHEESE  CHEESE  CHEESE  CHEESE  CHEESE  CHICKEN, CHEESE  MAYO OR SAUCE  WRAPS  MINI CHICKEN CAESAR  SALAD  CHEESE SALAD  HAM SALAD  CHICKEN SALAD  CHICKEN TENDERS, AVOCADO AND SALAD  SNACKS  YOGHURT CUP  CUSTARD CUP  TACO CUP  VEGGIE STICKS & DIP  CHEESE & CRACKERS  FRUIT & CUSTARD CUP  FRUIT & CUSTARD CUP  FRUIT SALAD  FRUIT SALAD  FRUIT SALAD  CHOCOLATE MOUSSE  REDROCK DELI CHIPS Sea Salt  \$4.50  \$4.50  \$4.50  \$4.50  \$4.50  \$4.50  \$5	SALAD BOXES	
Caesar Dressing       \$4.50         SALAD       \$4.50         ADD - CHEESE OR EGG       \$0.50         ADD - CHICKEN, HAM, TUNA       \$1.50         TOASTED WRAPS         CHEESE       \$3.00         CHEESE & TOMATO       \$3.50         HAM & CHEESE       \$4.00         HAM, CHEESE & TOMATO       \$4.50         CHICKEN, CHEESE, MAYO OR SAUCE         WRAPS       \$1.50         MINI CHICKEN CAESAR       \$2.50         SALAD       \$6.50         CHEESE SALAD       \$6.50         HAM SALAD       \$6.50         CHICKEN SALAD       \$6.50         CHICKEN TENDERS, AVOCADO AND SALAD       \$7.50         SNACKS       YOGHURT CUP       \$0.50         TACO CUP       \$0.50         VEGGIE STICKS & DIP       \$1.00         CHEESE & CRACKERS       \$1.00         FRUIT & CUSTARD CUP       \$1.50         FRUIT SALAD       \$4.50         CHOCOLATE MOUSSE       \$1.50         REDROCK DELI CHIPS Sea Salt       \$1.50	CHICKEN CAESAR Chicken, Lettuce,	\$6.00
SALAD       \$4.50         ADD - CHEESE OR EGG       \$0.50         ADD - CHICKEN, HAM, TUNA       \$1.50         TOASTED WRAPS         CHEESE       \$3.00         CHEESE & TOMATO       \$3.50         HAM & CHEESE       \$4.00         HAM, CHEESE & TOMATO       \$4.50         CHICKEN, CHEESE, MAYO OR SAUCE       \$4.50         WRAPS       \$1.50         MINI CHICKEN CAESAR       \$2.50         SALAD       \$6.50         CHEESE SALAD       \$6.50         HAM SALAD       \$6.50         CHICKEN SALAD       \$6.50         CHICKEN TENDERS, AVOCADO AND       \$7.50         SALAD       \$0.50         SNACKS       YOGHURT CUP       \$0.50         CUSTARD CUP       \$0.50         VEGGIE STICKS & DIP       \$1.00         CHEESE & CRACKERS       \$1.00         FRUIT & CUSTARD CUP       \$1.50         FRUIT SALAD       \$4.50         CHOCOLATE MOUSSE       \$1.50         REDROCK DELI CHIPS Sea Salt       \$1.50	Parmesan Cheese, Bacon, Croutons,	
ADD - CHEESE OR EGG ADD - CHICKEN, HAM, TUNA  TOASTED WRAPS  CHEESE CHEESE S3.00 CHEESE \$3.00 CHEESE \$4.00 HAM & CHEESE HAM, CHEESE \$4.00 CHICKEN, CHEESE, MAYO OR SAUCE WRAPS MINI CHICKEN CAESAR SALAD CHEESE SALAD SALAD CHICKEN SALAD CHICKEN SALAD CHICKEN TENDERS, AVOCADO AND SALAD SNACKS YOGHURT CUP CUSTARD CUP TACO CUP VEGGIE STICKS & DIP CHEESE & CRACKERS FRUIT & CUSTARD CUP FRUIT SALAD FRUIT SALAD SHAD FRUIT SALAD FRUIT SALAD CHOCOLATE MOUSSE REDROCK DELI CHIPS Sea Salt  \$1.50  \$4.50 CHOCOLATE MOUSSE REDROCK DELI CHIPS Sea Salt	Caesar Dressing	
ADD - CHICKEN, HAM, TUNA  TOASTED WRAPS  CHEESE  CHEESE \$3.00  CHEESE \$3.50  HAM & CHEESE \$4.00  HAM, CHEESE \$4.00  CHICKEN, CHEESE, MAYO OR SAUCE \$4.50  WRAPS  MINI CHICKEN CAESAR \$2.50  CHEESE SALAD \$5.50  CHEESE SALAD \$6.00  HAM SALAD \$6.50  CHICKEN SALAD \$6.50  CHICKEN TENDERS, AVOCADO AND \$7.50  SALAD  SNACKS  YOGHURT CUP \$0.50  CUSTARD CUP \$0.50  TACO CUP \$0.50  VEGGIE STICKS & DIP \$1.00  CHEESE & CRACKERS \$1.00  FRUIT & CUSTARD CUP \$1.50  FRUIT SALAD \$4.50  CHOCOLATE MOUSSE \$1.50	SALAD	-
CHESE \$3.00 CHESE \$3.00 CHESE & TOMATO \$3.50 HAM & CHEESE \$4.00 HAM, CHEESE & TOMATO \$4.50 CHICKEN, CHEESE, MAYO OR SAUCE \$4.50 WRAPS MINI CHICKEN CAESAR \$2.50 SALAD \$5.50 CHEESE SALAD \$6.00 HAM SALAD \$6.50 CHICKEN SALAD \$6.50 CHICKEN TENDERS, AVOCADO AND \$7.50 SALAD SNACKS YOGHURT CUP \$0.50 CUSTARD CUP \$0.50 TACO CUP \$0.50 VEGGIE STICKS & DIP \$1.00 CHEESE & CRACKERS \$1.00 FRUIT & CUSTARD CUP \$1.50 FRUIT SALAD \$4.50 CHOCOLATE MOUSSE \$1.50 REDROCK DELI CHIPS Sea Salt \$1.50	Section (Section Control of Contr	
CHEESE \$3.00 CHEESE & TOMATO \$3.50 HAM & CHEESE \$4.00 HAM, CHEESE & TOMATO \$4.50 CHICKEN, CHEESE, MAYO OR SAUCE \$4.50 WRAPS MINI CHICKEN CAESAR \$2.50 SALAD \$5.50 CHEESE SALAD \$6.00 HAM SALAD \$6.50 CHICKEN SALAD \$6.50 CHICKEN TENDERS, AVOCADO AND \$7.50 SALAD \$0.50 SNACKS YOGHURT CUP \$0.50 TACO CUP \$0.50 VEGGIE STICKS & DIP \$1.00 CHEESE & CRACKERS \$1.00 FRUIT & CUSTARD CUP \$1.50 FRUIT SALAD \$4.50 CHOCOLATE MOUSSE \$1.50	ADD – CHICKEN, HAM, TUNA	\$1.50
CHEESE & TOMATO \$3.50  HAM & CHEESE \$4.00  HAM, CHEESE & TOMATO \$4.50  CHICKEN, CHEESE, MAYO OR SAUCE \$4.50  WRAPS  MINI CHICKEN CAESAR \$2.50  SALAD \$5.50  CHEESE SALAD \$6.00  HAM SALAD \$6.50  CHICKEN SALAD \$6.50  CHICKEN TENDERS, AVOCADO AND \$7.50  SALAD \$0.50  SNACKS  YOGHURT CUP \$0.50  CUSTARD CUP \$0.50  VEGGIE STICKS & DIP \$1.00  CHEESE & CRACKERS \$1.00  FRUIT & CUSTARD CUP \$1.50  FRUIT SALAD \$4.50  CHOCOLATE MOUSSE \$1.50	TOASTED WRAPS	
HAM & CHEESE	CHEESE	\$3.00
HAM, CHEESE & TOMATO CHICKEN, CHEESE, MAYO OR SAUCE WRAPS MINI CHICKEN CAESAR SALAD	CHEESE & TOMATO	\$3.50
CHICKEN, CHEESE, MAYO OR SAUCE       \$4.50         WRAPS       \$2.50         MINI CHICKEN CAESAR       \$5.50         SALAD       \$5.50         CHESE SALAD       \$6.00         HAM SALAD       \$6.50         CHICKEN SALAD       \$6.50         CHICKEN TENDERS, AVOCADO AND SALAD       \$7.50         SNACKS       YOGHURT CUP       \$0.50         CUSTARD CUP       \$0.50         VEGGIE STICKS & DIP       \$1.00         CHEESE & CRACKERS       \$1.00         FRUIT & CUSTARD CUP       \$1.50         FRUIT SALAD       \$4.50         CHOCOLATE MOUSSE       \$1.50         REDROCK DELI CHIPS Sea Salt       \$1.50	HAM & CHEESE	\$4.00
MINI CHICKEN CAESAR \$2.50  SALAD \$5.50  CHEESE SALAD \$6.00  HAM SALAD \$6.50  CHICKEN SALAD \$6.50  CHICKEN TENDERS, AVOCADO AND \$7.50  SALAD \$0.50  SNACKS  YOGHURT CUP \$0.50  TACO CUP \$0.50  VEGGIE STICKS & DIP \$1.00  CHEESE & CRACKERS \$1.00  FRUIT & CUSTARD CUP \$1.50  FRUIT SALAD \$4.50  CHOCOLATE MOUSSE \$1.50	HAM, CHEESE & TOMATO	\$4.50
MINI CHICKEN CAESAR \$2.50  SALAD \$5.50  CHEESE SALAD \$6.00  HAM SALAD \$6.50  CHICKEN SALAD \$6.50  CHICKEN TENDERS, AVOCADO AND \$7.50  SALAD \$0.50  SNACKS  YOGHURT CUP \$0.50  TACO CUP \$0.50  VEGGIE STICKS & DIP \$1.00  CHEESE & CRACKERS \$1.00  FRUIT & CUSTARD CUP \$1.50  FRUIT SALAD \$4.50  CHOCOLATE MOUSSE \$1.50	CHICKEN, CHEESE, MAYO OR SAUCE	\$4.50
SALAD       \$5.50         CHEESE SALAD       \$6.00         HAM SALAD       \$6.50         CHICKEN SALAD       \$6.50         CHICKEN TENDERS, AVOCADO AND SALAD       \$7.50         SNACKS       \$0.50         CUSTARD CUP       \$0.50         TACO CUP       \$0.50         VEGGIE STICKS & DIP       \$1.00         CHEESE & CRACKERS       \$1.00         FRUIT & CUSTARD CUP       \$1.50         FRUIT SALAD       \$4.50         CHOCOLATE MOUSSE       \$1.50         REDROCK DELI CHIPS Sea Salt       \$1.50	WRAPS	
CHEESE SALAD       \$6.00         HAM SALAD       \$6.50         CHICKEN SALAD       \$6.50         CHICKEN TENDERS, AVOCADO AND SALAD       \$7.50         SNACKS       *** YOGHURT CUP       \$0.50         CUSTARD CUP       \$0.50         TACO CUP       \$0.50         VEGGIE STICKS & DIP       \$1.00         CHEESE & CRACKERS       \$1.00         FRUIT & CUSTARD CUP       \$1.50         FRUIT SALAD       \$4.50         CHOCOLATE MOUSSE       \$1.50         REDROCK DELI CHIPS Sea Salt       \$1.50	MINI CHICKEN CAESAR	\$2.50
HAM SALAD	SALAD	\$5.50
CHICKEN SALAD  CHICKEN TENDERS, AVOCADO AND SALAD  SNACKS  YOGHURT CUP CUSTARD CUP TACO CUP VEGGIE STICKS & DIP CHEESE & CRACKERS FRUIT & CUSTARD CUP FRUIT SALAD  FRUIT SALAD CHOCOLATE MOUSSE REDROCK DELI CHIPS Sea Salt  \$ 4.50	CHEESE SALAD	\$6.00
CHICKEN TENDERS, AVOCADO AND SALAD  SNACKS  YOGHURT CUP \$0.50  CUSTARD CUP \$0.50  TACO CUP \$0.50  VEGGIE STICKS & DIP \$1.00  CHEESE & CRACKERS \$1.00  FRUIT & CUSTARD CUP \$1.50  FRUIT SALAD \$4.50  CHOCOLATE MOUSSE \$1.50	HAM SALAD	\$6.50
SALAD           SNACKS           YOGHURT CUP         \$0.50           CUSTARD CUP         \$0.50           TACO CUP         \$0.50           VEGGIE STICKS & DIP         \$1.00           CHEESE & CRACKERS         \$1.00           FRUIT & CUSTARD CUP         \$1.50           FRUIT CUP         \$1.00           FRUIT SALAD         \$4.50           CHOCOLATE MOUSSE         \$1.50           REDROCK DELI CHIPS Sea Salt         \$1.50	CHICKEN SALAD	\$6.50
SNACKS           YOGHURT CUP         \$0.50           CUSTARD CUP         \$0.50           TACO CUP         \$0.50           VEGGIE STICKS & DIP         \$1.00           CHEESE & CRACKERS         \$1.00           FRUIT & CUSTARD CUP         \$1.50           FRUIT CUP         \$1.00           FRUIT SALAD         \$4.50           CHOCOLATE MOUSSE         \$1.50           REDROCK DELI CHIPS Sea Salt         \$1.50	CHICKEN TENDERS, AVOCADO AND	\$7.50
YOGHURT CUP       \$0.50         CUSTARD CUP       \$0.50         TACO CUP       \$0.50         VEGGIE STICKS & DIP       \$1.00         CHEESE & CRACKERS       \$1.00         FRUIT & CUSTARD CUP       \$1.50         FRUIT CUP       \$1.00         FRUIT SALAD       \$4.50         CHOCOLATE MOUSSE       \$1.50         REDROCK DELI CHIPS Sea Salt       \$1.50	SALAD	
CUSTARD CUP \$0.50  TACO CUP \$0.50  VEGGIE STICKS & DIP \$1.00  CHEESE & CRACKERS \$1.00  FRUIT & CUSTARD CUP \$1.50  FRUIT CUP \$1.00  FRUIT SALAD \$4.50  CHOCOLATE MOUSSE \$1.50  REDROCK DELI CHIPS Sea Salt \$1.50		
TACO CUP       \$0.50         VEGGIE STICKS & DIP       \$1.00         CHEESE & CRACKERS       \$1.00         FRUIT & CUSTARD CUP       \$1.50         FRUIT CUP       \$1.00         FRUIT SALAD       \$4.50         CHOCOLATE MOUSSE       \$1.50         REDROCK DELI CHIPS Sea Salt       \$1.50		
VEGGIE STICKS & DIP       \$1.00         CHEESE & CRACKERS       \$1.00         FRUIT & CUSTARD CUP       \$1.50         FRUIT CUP       \$1.00         FRUIT SALAD       \$4.50         CHOCOLATE MOUSSE       \$1.50         REDROCK DELI CHIPS Sea Salt       \$1.50	CUSTARD CUP	\$0.50
CHEESE & CRACKERS       \$1.00         FRUIT & CUSTARD CUP       \$1.50         FRUIT CUP       \$1.00         FRUIT SALAD       \$4.50         CHOCOLATE MOUSSE       \$1.50         REDROCK DELI CHIPS Sea Salt       \$1.50	TACO CUP	\$0.50
FRUIT & CUSTARD CUP       \$1.50         FRUIT CUP       \$1.00         FRUIT SALAD       \$4.50         CHOCOLATE MOUSSE       \$1.50         REDROCK DELI CHIPS Sea Salt       \$1.50	VEGGIE STICKS & DIP	\$1.00
FRUIT CUP \$1.00 FRUIT SALAD \$4.50 CHOCOLATE MOUSSE \$1.50 REDROCK DELI CHIPS Sea Salt \$1.50		
FRUIT SALAD \$4.50 CHOCOLATE MOUSSE \$1.50 REDROCK DELI CHIPS Sea Salt \$1.50	State of the Contract of State Contract	_
CHOCOLATE MOUSSE \$1.50 REDROCK DELI CHIPS Sea Salt \$1.50	FRUIT CUP	\$1.00
REDROCK DELI CHIPS Sea Salt \$1.50	The state of the s	
	CHOCOLATE MOUSSE	
GRAIN WAVES \$1.50	REDROCK DELI CHIPS Sea Salt	
	GRAIN WAVES	\$1.50





## **MOTOWN MEALS - MHS Canteen**

Order online at https://mhscanteen.square.site/

nttps://infiscanteen.square.site/	
BURGERS	
CHICKEN BURGER	\$4.50
CHICKEN CAESAR BURGER	\$6.00
CHEESE BURGER	\$4.50
HAMBURGER	\$6.00
VEGETARIAN BURGER	\$6.00
MEATBALL SUB	\$4.50
CHICKEN & GRAVY ROLL	\$4.50
HOT FOOD	
LEAN BEEF PIE	\$3.50
LEAN BEEF MINI PIE	\$2.50
CHEESE & BACON PIE	\$4.00
LEAN SAUSAGE ROLL	\$3.00
SPINACH & RICOTTA ROLL	\$3.50
VEGETABLE PASTIE	\$3.00
NOODLE CUPS Beef or Chicken	\$2.50
CHICKEN NUGGETS (6)	\$3.50
GARLIC BREAD	\$2.00
DRINKS	
SLUSHY 250ml Strawberry, Forrest Fruits, Raspberry,	\$2.00
Sour Apple, Grape & Lemon	72.00
UP & GO Chocolate, Vanilla, Strawberry & Banana	\$2.50
MILKSHAKES Chocolate, Strawberry, Caramel &	\$4.00
Vanilla	7.1.00
SMOOTHIES Banana, Strawberry & Tropical	\$6.00
WATER 750ml	\$3.00
600ml	\$2.00
JUICE BOMBS Grape, ABC, Raspberry, Apple Cola,	\$2.50
Lemon & Watermelon	\$2.50
JUICE 250ml Orange, Apple, ABC, Orange &	\$2.50
Passionfruit & Pineapple	\$2.50
PLAIN MILK 300ml	\$1.50
600ml	\$2.00
FLAVOURED MILK 300ml Chocolate, Strawberry	\$2.50
500ml Chocolate, Strawberry,	\$3.00
Vanilla Malt	\$5.00
DARE COFFEE 500ml	\$3.50
CHILLED ICE TEA	\$3.50
FROZEN SNACKS	\$3.30
ICE MONYS Blue Raspberry, Lemon Ice, Red Berry	\$1.00
Blast	\$1.00
FROZEN JUICE CUPS Orange, Blackcurrant	\$1.00
QUELCH ICE BLOCKS Apple, Blackcurrant, Tropical,	\$0.50
Mango	\$0.50
JUICY'S Lemonade, Orange, Tropical, Wildberry	\$1.00
MOOSIES Chocolate, Blue Moon	\$1.00
TWISTED YOGHURT CUPS Choc Vanilla, Mango	\$2.00
Watermelon	\$2.00
PADDLE POPS Chocolate, Rainbow	\$1.50
ICECREAM CUPS	\$1.00
SNAP STIX	\$1.00
SIGNE STIV	\$1.00

MOTOWN MEALS IS A HEALTHY SCHOOL CANTEEN, the menu above includes a key for students and parents to make informed choices about selecting healthier food and drinks. Green indicates the items are a healthy choice, orange items should be consumed less often.

## Contributing to your child's learning

Providing quality education and learning experiences is a focus of Morisset High School. To help provide these experiences, we request families to make a financial contribution towards the costs of their young person's learning and skill development in some subjects.

All contributions can be paid either at the front office or via the Parent Online Portal (POP). For more information on how to use the POP service please visit the Morisset High School website.

If you are unable to pay these fees in full immediately, they may be paid by instalment by agreement with the Administration Staff. The Administration Staff can accept payments by Visa, MasterCard, EFTPOS services and via POP. For families experiencing financial difficulties, our school offers assistance towards subject contributions, uniform costs and other essential education and learning items through the Student Assistance Funding program. Application forms for this funding are available from the school office.

SUBJECT CHARGES FOR YEARS 9-12 ARE PUBLISHED IN THEIR CURRICULUM PROSPECTUSES AND A LIST IS AVAILABLE FROM THE OFFICE OR SCHOOL WEBSITE.

# Caring for the health needs of all students

Our school has a team of skilled staff and teachers who can support the care and emergency care needs of our students. Families, please ensure that we are aware of any health or physical concerns or disabilities that may impact your young person when at school, for example, Asthma, heart or respiratory complaints, anaphylaxis allergies, diabetes, coordination problems, limb weakness, epilepsy, or other conditions managed by medication.

A health plan will be created for your child to ensure they have the optimum care when at school.

# Mathspace acess for MHS students



Every student at Morisset High School can have access to the online learning tool, Mathspace to support their learning in Mathematics.



Supported by Origin Energy,
Mathspace is an online
mathematics program
designed for students in
primary and secondary
schools. Our school has set up
Mathspace for all of our
Mathematics classes.











## **Positive Behaviour for Learning - PBL**

Positive Behaviour for Learning (PBL) brings together the whole-school community to contribute to developing a positive, safe and supportive learning culture.

The framework assists schools to improve social, emotional, behavioural and academic outcomes for children and young people. When PBL is implemented well, teachers and students have more time to focus on relationships and classroom instruction. Students and staff benefit from:

- improved engagement in learning;
- increased time focused on instruction improved social-emotional wellbeing;
- · positive and respectful relationships among students and staff;
- support for teachers to teach, model and respond effectively to student need; and
- a predictable learning environment where staff and students know what is expected to deliver effective practices that can be sustained over time.

PBL is at the heart of all teaching, learning, behaviour and wellbeing activities and programs at Morisset High School, and each year group has a dedicated PBL teacher, that works closely with the Year Adviser to support student learning. Our school also uses a merit award system 'Motowns' for teachers, staff and students to recognise the positive contribution of students to their learning and school community.

Morisset High School's PBL values are:

- Respect;
- Responsibility;
- · Safety; and
- Engagement

These values are also the focus of the school communities of our feeder primary schools that are part of the Western Shores Learning Alliance. This makes for an easy transition for local Year 7 students as they start high school. Our school has regular PBL assemblies and lessons where students learn valueble learning and interpersonal skills that increase their sense of wellbeing, and ability to achieve their success at school. We also have a PBL who use the power of rock to share the PBL message!













## We are a Proud Uniform Wearing School

Students, staff, parents and community representatives have endorsed the compulsory wearing of school uniform by students of Morisset High School. All students are expected to wear the correct uniform and to be dressed neatly at all times.

Students out of uniform require a note from a parent or carer on each occasion explaining the reason they are out of uniform. Students who fail to wear school uniform may be excluded from any school activity other than normal classroom lessons.

A uniform shop is located onsite and items can be purchased online. To make purchases or for opening times visit: https://morisset-h.schools.nsw.gov.au/about-our-school/what-we-offer/uniform.html

#### Why We Wear School Uniform

- All students are equal people judge one another by their appearance. Wearing school uniform helps to ensure that people are not misjudged as individuals and learners;
- No competition without a uniform many students would compete in a costly fashion stakes. The winners would be those who could afford it. This would divide the school;
- Reduce conflict by wearing school uniform we identify as one group not as small groups or groups based on clothing styles;
  - Safety our uniform helps make the school safe. We can easily identify people who should not be in the school and who may place students at risk. Uniform says "You are one of us";
- Member of a team the uniform shows we are proud of our school and our achievements. We all enjoy and take pride in being part of a successful team; and
- Preparation for work most work places have a dress code or uniform. Therefore school policy reflects the workplace.

Our students are encouraged to show their individuality in other ways through their achievements and contributions in academic, sporting, musical and creative aspects of school life.



Morisset High School Uniforms and PE/Sports Uniforms can be purchased at the uniform shop of online at

https://daylightsportswear.com/morisset/











