

The Morissetian

Hello!

My name is Samuel Bydal and I am an exchange student from Sweden. Some of the people reading this probably already know me as I have already been here for a little more than a month. But for all the people who don't know who I am, I was asked to write a bit about myself in this newsletter to you.

I am 17 years old and come from a town in Sweden with about the same population as Morisset called Båstad. I used to live with both of my parents and my two brothers but around the time I was 15 I decided that I want to study one of my years in high school abroad. But the problem I had was that I had to choose a destination. I knew that I didn't want to go to somewhere in Europe as I wanted to go further away from home and I knew that I didn't want to go to America and Africa as I have already been to those places. This left me with two choices somewhere in Asia and Australia.

I started by looking at places like Japan, China and Singapore but realised that I don't know any of the languages that they speak there so I chose Australia.

During my free time I like to train athletics and also to play on my computer. I have been training Athletics for a little more than 3 years now but I don't compete in it. For some people it may seem absurd that I don't compete but I actually tried it once in a 60 meter sprinting competition where I placed 11th... out of 12. After this competition, I decided that the competition part of athletics was not for me.

The other hobby I have is computer games. I started playing computer games from when I was 4 years old and it has been a passion of mine ever since.

And lastly, I want to say that you don't have to be afraid to ask me any questions about Sweden or me as I am happy to answer any question or translate any sentence.



Western Shores
Learning Alliance

Stronger Together

INSIDE THIS ISSUE

Our exchange student	1
Principals report.....	2-3
Deputy Principals report.....	4-6
Education Week	7
Debating	7
Drama	8
Japanese.....	9
CrossFit.....	9
Mountain Bike.....	10
Skateboards/Scooters.....	11
NAIDOC.....	12
Math.....	13-14
HSIE.....	15



PRINCIPALS REPORT

CHERI MCDONALD

Year 12:

Welcome to term 3 and the busy term for our Year 12s as they gear up for the actual exams. A word to all parents...the nerves and moods are normal and just make sure your child is seeking support from staff in order to meet their deadlines. We encourage you also to ring if you would like to talk to the classroom teachers about how best to support them over the last few weeks of the teaching period.

On behalf of the school I am very pleased to welcome Samuel Bydalour new exchange student from Sweden.

Congratulations to the many students who have performed so amazingly of late. Year 10 in the Science and Engineering challenge, our Debaters, Drama students and sportspersons. We truly have wonderful students who deserve every ounce of positive recognition. We believe as a school that every child has a talent and finding it and nurturing it is one of our aims. Please like our Facebook page and share their exploits, and positively recognise them. We ask no negative comments are posted, and remind people of the intent of our page....to celebrate our students successes.

Thank you to all who attended the parent teacher evening. Feedback is welcome if we can improve the experience for the majority. Unfortunately we can't please everyone...but we try.

We are thrilled with the school beautification that is occurring at present around the school. Although the scaffolding has been annoying at times the finished result is great, just look at our covered walkways and playground. Itchy-Marua and the music blocks are having the chimneys stabilised in case of earthquake so they will remain standing as heritage buildings. We anticipate much more building work and finalisation of programs over the next 12 months so hang on! It's coming.

Our "A Team" are to be congratulated upon their efforts to beautify and redo our gardens in order to promote the environment. They have been very busy mulching, remodelling and replanting. They also have a succession plan going with the "Junior A Team" coming along to learn the ropes from the older mentors. The "A Team" program is based not just on "getting jobs" done but how to work in teams, accept direction, commit to and complete a plan in a certain time frame. It teaches valuable skills to the students who participate.

It has also been wonderful to see the gym up and working as a result of the Rotary Golf Day in 2018.

FEEDBACK SOUGHT for 2020.

Forms are on google drive until FRIDAY 6th September asking for feedback on our current programs in the school. The research has been done worldwide and there are 7 areas of practice that successful schools do well. On the sheets we have put what we are trying to accomplish under each of those areas of practice.

PLEASE help and let us know if you can suggest improvements, or other strategies. While the comments are anonymous we'd like to remind everyone this is in the spirit of improving our students educational experience in a world which is very different to the one we went through. As the research has indicated, school should, and could look very different for our students. Employers today are seeking students who can innovate and create, synthesise and think independently. Students are being asked to take responsibility for, and ownership of their future successes, and many times they do this by making mistakes to learn by. We need them to look beyond our walls to projects and relevance in the community.

At MHS we empower our students with the skills to become future focused learners who positively impact on their community.

1 - High Expectations:

https://docs.google.com/forms/d/e/1FAIpQLSf5wV2_zcPzIFpyndvq1EsD34T__SryF1-X0LVqL3wI7-9LKg/viewform

2 - Explicit Teaching:

<https://docs.google.com/forms/d/e/1FAIpQLSd-tZJYprZz8OQx7uOc5SD8me9IbUGQKQdmU4pi7wNaAXAw0w/viewform>

3 - Effective Feedback:

<https://docs.google.com/forms/d/e/1FAIpQLSd-iE-Wi5skmLE7hbJy2vPdOtxJHXmNipqRu3ztGuCRn-tThA/viewform>

4 - Use of data to inform practice:

https://docs.google.com/forms/d/e/1FAIpQLScU69sw4B7bUYj_3h-fMv8OjQTXBAWnr_QHT3MhKgkvFCmEQA/viewform

5 - Classroom management:

https://docs.google.com/forms/d/e/1FAIpQLSfjp_dWU9wPXVF4TeWFspe0Nopq3uAfYFdPIr4P_eB362Hj5A/viewform

6 - Wellbeing:

https://docs.google.com/forms/d/e/1FAIpQLSeb5WTcvKVopEr7QwKM_ZhrEiRIVJM9SNYvPAYMw_a3_2Rx5w/viewform

7 - Collaboration:

<https://docs.google.com/forms/d/e/1FAIpQLScKvUA3wIFSsoJ6WQoBHXUq5bp5WskmXaLYgx4cKZdh22D-A/viewform>

No account sign in is required and no details about the person filling in the form are collected.

DEPUTY PRINCIPALS REPORT

EVELYN WILSON-BABIC, GEOFF FLEMMING AND DARREN MITTEN

Year 7 2020. Organisation for 2020 is well underway with parents and students of Year 7 2020 completing their enrolments. We are now coordinating classes for 2020. If you have yet to enrol your child, please contact our office to finalise their enrolment. Transition dates are filling fast with our Year 6 Orientation Day being held on the 3rd December, 2019. Contact your primary school for further details.

Year 7. Moving onto our wonderful Year 7 in 2019! Students have now had explicit training on how to actively engage in their own learning and the responsibility that comes with creating a positive classroom environment. Some classes have worked with me on improving their own goals towards whole class improvement. If your child comes home with a Check and Connect booklet, it demonstrates that our Year Adviser is working with your child on their self development and personal responsibility towards their own education. Year 7 has commenced their Term 3 Learning to Learn class with many enjoying the experience of this innovative new program. They will move to their final Learning to Learn class in Term 4.

Year 8. It has been a busy start to term 3 for Year 8 with students selecting which electives they would like to study as they move into Stage 5 of their education in 2020. We will use the data collected from this process to plan the 2020 timetable and curriculum. Students will be informed what elective classes are running mid-way through term 4. It is important to understand that once students have been allocated to an elective, they cannot change courses at a later date, unless there are vacancies in the new course, required hours can be satisfied and course fees are paid.

Year 9 Have been busy completing their first 2 sessions of YAM, Youth Aware of Mental Health. YAM is an innovative mental health and suicide prevention program for 14 to 16-year-olds that builds students' knowledge of mental health through role-play and interactive discussion. In this way, youth are encouraged to practice empathy, resilience and problem-solving by learning from one other. YAM also helps youth connect with local mental and general health resources as well as organisations who work with youth rights and empowerment in their communities. Black Dog Institute's LifeSpan team have adapted YAM for Australian school students.

Year 9 have also been busy picking their new 100 hour elective course for 2020. Year 9 will keep their current 200 hour course for 2020 but have the opportunity to select a new 100 elective course to broaden their educational experiences. Students who have not chosen their new elective subject need to do as ASAP to avoid disappointment.

Year 10 have made their initial choices for their 2020 subjects. We use an algorithm to sort through the subjects resulting in a 'best fit' for all our students. We endeavour to provide a variety of subjects within each period allowing for the diverse learning needs of our students. Once our subjects are finalised we will hold student interviews and welcome parent attendance. We envisage these interviews being held in Term 4. Students at the end of Year 10 are eligible to receive a Record of School Achievement (RoSA). A RoSA is issued by the NSW Education Standards Authority (NESA). A RoSA is a useful credential for students leaving prior to their HSC because they can show it to potential employers or places of further learning. Students MUST be 17 prior to leaving school. Prior to starting Year 11, students will complete a unit of work known as All my Own Work. This unit of work is designed by NESA to help HSC students follow the principles and practices of good scholarship. This includes understanding, valuing and using ethical practices when locating and using information as part of their HSC studies.

Year 11 have commenced their final term before they begin Higher School Certificate courses in term 4. I would like to take this opportunity to remind students that it is important to organise their time productively. To help you plan your time efficiently, you will need three kinds of timetables:

A term planner to map out key events/tasks for the term

A weekly timetable so you can structure your time in the short term while allowing flexibility.

A diary with daily 'things to do' lists to keep you on track.

Planning for the Term

Enter in important events, like assignment deadlines, exam dates and major tasks and family/social commitments. Put this up above your study desk (you do have one, I hope!!!). It gives you an overall view of the extra busy times so you can organise around them.

Planning for the Week

You need copies of a blank weekly timetable in one-hour blocks. Each week fill in:

- Lesson times, chores/domestic commitments and other classes/sport time
- Leisure/free time Note: If you do not build in free time you will resent your timetable and not keep to it. Exercise is also important to keep your mind fresh and alert. Try to do some exercise at least a couple of times a week.

Divide the rest of your time into homework and study time.

Planning for the Day

The 'things to do' list is important and should be included in a diary so you can carry it with you and shuffle things around when necessary. Each night you need to make yourself a list of what to do the next day, for example:

- Read Biology textbook Chapter 2
- Analyse English essay question and start thinking about how I will answer it.

With the end of year 11 exams fast approaching It is now a perfect time for students to organise their time so they are prepared to achieve the best possible outcomes in the courses they are studying.

Year 12 are currently completing their Trial HSC Exams which is their final school based assessment task before the Higher School Certificate Exams.

I have included some tips below for our Year 12 students and parents to peruse.

Top 10 tips from a 99 ATAR student to see you through.

1. Don't be afraid to ask questions in class. Chances are someone else also wants to know the same thing. If you are unsure about a concept, what is required for an assessment or an idea being discussed, don't go home confused.
2. Change your study zone - "same, same" is boring and you may lose concentration. Study at a cafe, local library, in the park.
3. Do things that aren't just study or stressing about study. Hang out with friends at least once a week. You might think you don't have time for it, but it relaxes your mind and gives you a break.
4. Use study periods to compile notes, show teachers your work and ask for feedback. Be lenient with late starts and early finishes - they are really good, but if you go to school early or stay for an extra period to study you will get a lot more done.
5. There is no point to knowing everything on the syllabus if you don't know how to adapt it to exam-style questions under time limits. Test yourself with practice papers.
6. Make acronyms with quotes or key concepts as they're easier to remember, watch videos, use flashcards and write a term or idea on one side, a definition on the other side, and read the cards before you go to bed. Use your fridge or bathroom mirror as a note board and post key formulas, concepts or mind maps.
7. Practise writing with a pen, often. Choose pens with a good grip. Warm up your hands before exams and shake them around to loosen up your wrists. It can make quick writing easier.
8. Sleep, especially on the night before an exam. Then have a solid breakfast, get to school early, listen to music that relaxes you and have a quick revision, but stop 15 minutes before the exam. Surround yourself with positivity – you don't want to be around someone who is freaking out beforehand as it will make you more nervous and lose focus.
9. It's not about memorising. It's about understanding the concepts and thinking outside the box. You need to know your work inside out in order to write about it effectively in an exam.
10. No matter how academic you are, the HSC is all about persistence and discipline. Getting a 'bad' mark on an assessment will not be detrimental to your final mark. What's important is that you learn where you went wrong, target those areas, keep practising, improving and strengthening your work.

EDUCATION WEEK ASSEMBLY



Last night we hosted the annual WLSA Education week assembly. We would like to congratulate all the deserving recipients who received recognition for their achievements in public education. A special thank you to Krystle Hockley, our guest speaker, who inspired us with her story of determination. To all the students who performed – well done on a magnificent performance! It is difficult to get up on stage to such a large audience and perform so incredibly. A big thank you must go to all the parents and community who attended last night. Your support is invaluable and events like these cannot be so spectacular without you.

Non-Teaching recipients:

SASS Team

Community recipients:

Ewan Bennett and Pam Green



Student recipients:

Wilson Young and Nikeisha Breitkopf

Teacher recipients:

Samantha Miller and Shannon Grundy

Premier's Debating Challenge – Stage 4

Our Year 7 debating team won Round Two of the Premier's Debating Challenge here at MHS on Friday 9th August. Debating against Terrigal High School. They successfully argued as the affirmative team that 'all violent videos games should be banned'. Well done on your amazing efforts Sophie Vella, Tayla Ostenfeld, Harrie Mellwraith and Tara Harridge. We were lucky enough to have some community members in the audience and once again had the expert chairing of the debate from Kaitlyn Deaves and Jorja Swadling. Thank you to everyone involved - one round to go and hoping we can make it a clean sweep!





YEAR 9 & 11 DRAMA SHOWCASE EVENING

The 2019 showcase was outstanding and the Drama room was completely packed out! The talent and creativity of our students shined bright as the students performed pieces entirely made by them in Term 2. A huge congratulations to all the students involved and a massive thank you to all the parents, caregivers, grandparents and younger siblings that came and supported the showcase.

Below are the names of our wonderful and talented students and their pieces:

Year 11

Ticket no. 214 – Olivia Bartha, Nikeisha Breitkopf, Jaeyoon Lee and Kiara Shuttleworth.

This piece gave the audience a hilarious insight into the life of banktellers and what really goes on at lunch time.

It's a VLOG – Kieran Homer, N'Kaya Solomon-Wortley and Lani Lolo

This piece taught the audience the importance of parents and the dangers of meddling with magic.

Grinch who? – Jessica Price, Lili Izaguirre, Kellie Mallaby, Jackson Melman and Rohan Fleming

This piece involved a ridiculous, comical and evil plan, that luckily for humanity's sake it failed miserably! The audience was taught the true meaning of Christmas and the whoville citizens were sent to gaol.

Year 9

The biggest and the best – Miranda Patterson, Noah Cuskelly, Lili Izaguirre, Louise Holston and Jordan Heffernan

This piece showed the audience a behind the scenes look of the showbiz life. The circus is a pretty cut throat industry, you're either the star or you're nobody!

Ranga Removal Committee – Kaitlyn Deaves, Ella Murray, Angus Lemcke, Natasha Homer and Jayda Jones

This piece involved a bored counsellor, three very highly strung people who were wronged by rangas and a poor red head who wandered into the wrong bar. A quick, shave, cut and dye should fix this right?

In Japanese classes this term we have enjoyed learning about the Tanabata festival. This festival falls in July every year. During the festival you can write a wish on a slip of paper called a tanzaku. All sorts of wishes can be made, however often during this festival people wish for support to develop or attain a new skill.

The students wrote their own wishes in Japanese and we hung the tanzaku on bamboo branches in the classroom. This allowed students to visually engage in their learning while participating in a Japanese cultural tradition. Students explored the legend behind the festival and decorated the bamboo with origami lanterns and nets. This added additional colour and interest to our language classroom.

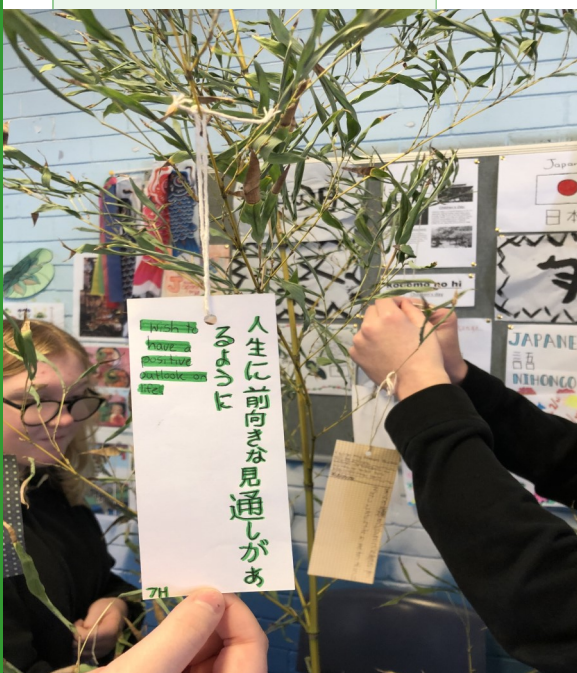
The students would like to thank Mrs Clewett, the LOTE Head Teacher, and her father for providing us with the fresh bamboo.

Mrs Walsh



CROSSFIT

Morisset High has been well and truly been implemented this term. All year 9 and 10 PASS classes have been focusing on functional fitness utilising all 3 energy systems. Over the last few weeks students have been given an opportunity to build their strength and capacity with the introduction of some barbell movements. Students have been learning about optimal bar path and what it means to keep a 'neutral spine' to perform such actions safely. This combined with using equipment such as rowers and air bikes students' are on their way to a better health. Students involved in the program have responded really well and continue to build a strong and healthy Morisset community.



MOUNTAIN BIKES



WANTED!!- used mountain bikes to be donated to Morisset High School.

Do you have an old bike you are no longer using and taking up too much space, why not donate it to Morisset High School. This will give the opportunity for a Morisset High School student to engage in the new and up coming Tuesday sport of.... Mountain bike riding.

Donations
are greatly
Appreciated!



SKATEBOARDS AND SCOOTERS



If your child decides to bring a skateboard or scooter to school, they must be chained to the bike rack at all times. We do not have the space to store them inside through the day. Students can not carry or ride them around the school due to Health and Safety issues. Thank you for your understanding and support.



No aerosols

Please no aerosols at school, only roll on.

NAIDOC

National NAIDOC Week was celebrated at Morisset High School during Week 10, Term 2. NAIDOC Week celebrations are held across Australia each July to celebrate the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. This year's theme is 'Voice, Treaty, Truth, Lets work together for a shared future. NAIDOC is celebrated not only in Indigenous communities, but by Australians from all walks of life. The week is a great opportunity to participate in a range of activities and to support your local Aboriginal and Torres Strait Islander community.

The week started with a major clean-up of the school's Aboriginal Bush Tucker Garden, students gave their time to give the garden some much needed TLC and the end result is a whole school resource that the entire community can be proud of.

A number of Aboriginal craft activities and 'yarning sessions' were held in the hall on the Tuesday of NAIDOC Week. Students placed their hand prints on old vinyl records and created a portable art display and listened and asked questions as members of the local Aboriginal community held informative and inspiring 'yarning sessions'.

On Wednesday 3rd July members of the Junior AECG student leadership group attended a NAIDOC community event at South Lakes Neighbourhood Centre where the students helped paint a number of pavers with Aboriginal artwork for the centre's community garden.

On Thursday the school hosted its NAIDOC Assembly where we were honoured to have renowned Aboriginal Historian Dr John Maynard from Newcastle University speak to the students about his own personal story and this year's theme of 'Voice, Treaty, Truth. Later that afternoon the students were entertained by a performance from the Morisset teachers PBL Band when the aging rock stars delivered a very moving performance of 'Treaty' by Yothu Yindi and supported by students from the Morisset Didge Group.

Finally the NAIDOC week celebrations finished on the Friday with a whole school BBQ as a thank you to all the school community for an amazing week.



MATH

Fun Facts

$111,111,111 \times 111,111,111 =$
 $12,345,678,987,654,321$

In a room of just 23 people there's a 50% chance that two people have the same birthday.

First student to Maths faculty with the correct answer will receive 10 VIVO points

The three-digit number 104 has a digit-sum of $1+0+4$, or 5. How many different three-digit numbers, including 104, each have a digit-sum of 5?

At this time of the year, like most HSC subjects, our Year 12 cohort are completing their trial HSC examinations. It is a timely reminder to ensure that you are using a NESAs approved calculator and that you have a backup plan for the actual HSC examination as none will be available on the day once the examination has started. It is a suggested good practice to replace your batteries in your calculator, especially if you have had your calculator since Year 7 or Year 8. Your teacher would be able to tell you if your calculator is NESAs approved, if they have not done so already.

The junior classes (years 7, 8, 9 and 10) will be issued with a take home assessment due towards the end of this term. The Mathematics department would like to see an increase in the amount of assignments submitted on time. The Mathematics department is working closely with parents and caregivers in evaluating the take home assessments and we would appreciate any feedback.

What's happening in the Mathematics Faculty?

Clean Up Motown

Year 7 are currently engaged in learning about data collection and representation. Our Year 7 Learning to Learn Environment class decided that on Tuesday afternoons they are performing a hands on data collection to determine the amount of waste that can be found on the grounds of Morisset High School.

They picked up their collection bags, which have been kindly donated by the Clean Up Australia Day organisation, and together with gloves, tongs and a clip board ventured out to the various areas of the playground.

Our data was sorted between plastic bags (chips and lollies), plastic bags (pies, sausage rolls, cakes), bottles/cans, paper/cardboard, straws, food and other. The students paired up - one student collected while the other student recorded.

These are our findings. We collected a total of 706 items. The greatest amount of the items that were collected was plastic bags (lollie wrappers, chips, pies, sausage rolls, cakes etc) which made up 54% of the collection. We will be conducting another collection in weeks 7 and 9 to determine whether our rubbish has increase or decrease after our PBL focus on Littering. The concerns that students have raised after collecting this information are that all of the rubbish that is found on school grounds could eventually end up in our beautiful lake via rain or wind, which in turn will affect the lives of our animals who live in and around the water.

Stay tuned for further developments.



We know it's a tiny piece of plastic but these are the worst types of rubbish because animals can eat them and they are easily transportable by rain and wind.

A total of 706 items collected. Let's see what our next collection shows us.



HUMAN SOCIETY AND ITS ENVIRONMENT

HSIE had the pleasure of hosting the Week 3, Morisset High School Wellbeing Assembly where students had their Geography knowledge tested in a whole school Quiz! It was amazing to see a wide range of students from all years answer questions in front of the whole student body and receive 20 Vivo points for their effort! A number of students from Year 7 to 12 were also received the following awards for their outstanding work in HSIE during Semester 1.

Yr 7 Deanna Sams - Consistent and Hardworking Award.

Yr 8 Grace O'Donovan - Leads by Example Award

Yr 9 Ainsley Saunders - Hardworking / Consistent Achievement Award

Yr 10 Billie-May Watson - Personal Best Award for hard work and helping others

Yr 11 Chloe Williams - The Extra Mile in Business Studies Award

Yr 11 Sam Holton - 100% Commitment to Modern History Award

Yr 12 Logan Whitten - Consistent Achievement Award in Legal Studies



HSIE has a couple of exciting events coming up in the near future. Once again HSIE and the Gifted and Talented program will partner with Morisset Rotary Club to run the 'Shelter Box Program' for the Year 8 GATS class. This is an ongoing community program where the students in Year 8 will help raise money within the community for Rotary to

purchase of 'Shelter Boxes' that are sent to developing nations around the world.

During Term 3 and 4 students in Year 8 will also have the opportunity to participate in a number of Korean cultural lessons in the connected classroom. This is the second year the program will run in partnership with the University of New England. Students have the opportunity to connect via online video lessons with students in a High School in South Korea and present a number of cross cultural lessons.

Curves®

FREE

No obligation consultation
& 7 DAY TRIAL

Valued at
\$25!



Major sponsors of

Hit4 Youth Mental Health

Fund Raising Event

Rotary



PARENTS AND CITIZENS

Morrisset High School PARENTS AND COMMUNITY MEMBERS ARE WELCOME TO ATTEND AND JOIN OUR P&C MEETINGS

Meeting Dates

Term 1 2019

12th February at 6.30pm (AGM)
12th March Canteen 6.00pm then
P&C at 6.30pm
9th April at 6.30pm

Term 2 2019

14th May at 6.30pm
11th June Canteen 6.00pm then
P&C at 6.30pm

Term 3 2019

13th August at 6.30pm
10th September Canteen 6.00pm
then P&C at 6.30pm

Term 4 2019

12th November at 6.30pm
10th December at 6.30 Xmas Dinner



2019 Meeting Dates



Morrisset High School

BREAKFAST IN THE BISTRO
MONDAY, WEDNESDAY, FRIDAY
8:15AM - 8:45AM

STARTING
TERM 3, WEEK 2

Morrisset High School

Bridge Street

Morrisset

NSW 2264

Phone: 4973 1999

E-mail:

morrisset-h.school@det.nsw.edu.au

