![C:\Users\jenny.bennett6\Desktop\Flags_of_Australia[1].jpg]()Morisset High School

**Scope and Sequence**

 **10 Sports Coaching 2016**

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| **YEAR****7** | **Weeks** |
| **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** | **9** | **10** | **11** |
| **Term****1** | **Topic:** Coaching**Outcomes:** 3.1,3.2,4.1,4.2,4.3,4.4**Unit Description:** Students investigate the qualities of effective coaching, coaching roles and responsibilities, coaching opportunities and qualifications, session structure and planning to enhance performance.  |
| **Summer Sports**; (2weeks each)cricket, softball, Ultimate Frisbee**Coaching assessment**(from wk 6)**Individual Sports;** (2 weeks each) Badminton/table tennis, golf. |
| **Term****2** | **Topic:** Participating with Safety**Outcomes:** 1.1,1.2,4.1,4.2,4.3,4.4**Unit description:** Students investigate risk environments, risk behaviours, assessing risk, risk management and injury management. |  |
| **Cultural sports**;(2 weeks each) European Handball, Indigenous games, NFL, Gaelic Football, soccer, touch. |
| **Term****3** | **Topic:** Enhancing Performance – Strategies & Techniques**Outcomes:** 3.1,3.2,4.1,4.2,4.3,4.4**Unit description:** Students investigate rules and etiquette, movement skills and performance, technique and form, strategies and tactics, analysis and evaluation of performance. |  |
| **Court games;** (2weeks each) Netball, basketball, Volleyball**Indoor Sports**; (2 weeks each) Cricket, Dodgeball, Soccer, Longball. |
| **Term****4** | **Topic:** Event Management**Outcomes:**3.1,3.2,4.1,4.2,4.3,4.4**Unit description:** Students investigate structures and formats, enterprise and organisational skills, roles in event management, planning, conducting and evaluation. |  |
| **Event games;** Students choice  |