Morisset High School

**Scope and Sequence**

**10 Sports Coaching 2016**

|  |  |  |  |  |  |  |  |  |  |  |  |
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| **YEAR**  **7** | **Weeks** | | | | | | | | | | |
| **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** | **9** | **10** | **11** |
| **Term**  **1** | **Topic:** Coaching  **Outcomes:** 3.1,3.2,4.1,4.2,4.3,4.4  **Unit Description:** Students investigate the qualities of effective coaching, coaching roles and responsibilities, coaching opportunities and qualifications, session structure and planning to enhance performance. | | | | | | | | | | |
| **Summer Sports**; (2weeks each)  cricket, softball, Ultimate Frisbee  **Coaching assessment**  (from wk 6)  **Individual Sports;** (2 weeks each) Badminton/table tennis, golf. | | | | | | | | | | |
| **Term**  **2** | **Topic:** Participating with Safety  **Outcomes:** 1.1,1.2,4.1,4.2,4.3,4.4  **Unit description:** Students investigate risk environments, risk behaviours, assessing risk, risk management and injury management. | | | | | | | | | |  |
| **Cultural sports**;(2 weeks each) European Handball, Indigenous games, NFL, Gaelic Football, soccer, touch. | | | | | | | | | |
| **Term**  **3** | **Topic:** Enhancing Performance – Strategies & Techniques  **Outcomes:** 3.1,3.2,4.1,4.2,4.3,4.4  **Unit description:** Students investigate rules and etiquette, movement skills and performance, technique and form, strategies and tactics, analysis and evaluation of performance. | | | | | | | | | |  |
| **Court games;** (2weeks each) Netball, basketball, Volleyball **Indoor Sports**; (2 weeks each) Cricket, Dodgeball, Soccer, Longball. | | | | | | | | | |
| **Term**  **4** | **Topic:** Event Management  **Outcomes:**3.1,3.2,4.1,4.2,4.3,4.4  **Unit description:** Students investigate structures and formats, enterprise and organisational skills, roles in event management, planning, conducting and evaluation. | | | | | | | | | |  |
| **Event games;** Students choice | | | | | | | | | |